

02/26/10

In this Issue

Message from LSP Program Director
The Cesar Chavez Health Fair is coming soon!
CPR Saturday-American Red Cross
Mentoring Sonoma County
Multicultural Fellowship Program
Job Posting: AODS Intake Interviewer
Santa Rosa Museum's 25th Anniversary
Children: Asthma: and Smoking Study

Message from LSP Program Director

It's very exciting to be setting up an office after all these years. Eliot and I are working hard to create a nice atmosphere and workable space. We are in need of just a few things. If you have something that is "gently used" and you are not using or want to sell let me know.

Wish List

3-5 drawer file cabinet – lateral (not the vertical one)
5 shelf book case (adjustable shelves)--Oak is the color of the desk we have)
Magazine/brochure rack – maybe 4 ft or higher to hold LSP agency flyers and brochures
Chair-adjustable up and down
Small table, and I mean small for a conference of 3-4 people
2-4 folding chairs

Call Eliot at 799-2577 or me at 953-8532 if you can help out.

Warm Regards,

Wanda Tapia, Latino Service Providers

The Cesar Chavez Health Fair is coming soon!

Saturday, March 20, 2010 10am-2pm

The DEADLINE TO PARTICIPATE is this week!

All applications must be received before Monday, March 1st or they will be charged an additional \$25 late fee.

Please contact Kristen Mowers, kristen.mowers@calserves.org, or 707-217-9461 if you have questions about participating.

Please distribute our flier to folks you work with who might benefit from the services at the Fair – free dental and vision screenings, and much more!

Emily Mann
CalSERVES
(707) 927-6986

CPR Saturday-American Red Cross

Everyone should learn to save lives, regardless of ability to pay. That's the motivation behind **CPR Saturday**, the annual free training presented by the American Red Cross, Sonoma & Mendocino Counties on March 13th. Adult cardiopulmonary resuscitation (CPR) classes in English will be offered at the Sebastopol Veterans Building, 282 S. High Street, starting every hour on the hour from 8 a.m. until 2 p.m. For the first time this year, the Red Cross is offering Child CPR for one of the sessions beginning at 2:00 p.m. (in English only). There will be two classes in Spanish, 8:00 a.m. in the morning and 12:00 noon.

Participants **MUST** pre-register for this event via email or telephone by calling (707) 577-7624 (English), 577-7615 (Spanish) or writing cprsaturday@arcsm.org. They should be prepared to provide complete information (name, address, phone, time of class they prefer) when they call.

Please see attached flyer for details.

Ellen Maremont Silver, Director of Marketing & Communications
American Red Cross, Sonoma & Mendocino Counties
5297 Aero Dr., Santa Rosa, CA 95403
Phone: (707) 577-7632 direct
Cell: (707) 481-5905

Mentoring Sonoma County

The Mentoring Sonoma County committee has been actively working on our Youth Mentor Coordinator program and we are very excited to be moving forward into our outreach phase. We'd like to ask for your help in promoting mentoring throughout the County. Please find attached two flyers with this email, one in English and one in Spanish.

How can you help the committee?

1. Get the word out—post or hand out the attached flyers wherever you can—in break rooms, at coffee shops, grocery stores, to your book clubs, running clubs, volunteer organizations, etc. If you'd like, we'd be happy to make the copies for you.

2. Help us set up presentations about mentoring to local organizations, businesses, etc. The presentations are very short—15 minutes—and encourage a wide range of mentoring opportunities.

How can you become involved in mentoring?

- 1. Present a workshop**—topics can include anything from financial literacy, to health and wellness to resume writing. If you have an interest or expertise in a subject, let us know and we'll set up the workshop! Workshops are the most flexible way to provide youth relevant information—they can be one hour on a one-time basis, or be recurring presentations.
- 2. Academic Tutoring**—sign up to tutor youth in math, science and other high school subjects, including preparing for the High School Exit Exam. Usually at least one hour a week is required.
- 3. Job Shadow**—allow youth to come to your workplace and learn about your profession. Job shadows can be scheduled around your calendar and can be short (a few hours) or long (a half-day or full day)—a great way to introduce youth to a variety of careers!
- 4. Become a mentor**—normally, one-on-one mentors meet with youth for at least an hour a week, for six months or one year. The long-term relationship creates a dialogue between youth and adults, and allows time and space to form a lasting connection.

Please contact our Mentor Coordinator, Liliana Ponce (lponce@bbbsnorthbay.org), if you'd like to get involved. Or if you have any questions, please contact WIB staff, Mehroz Baig (mbaig@sonoma-county.org).

Thank you very much and we look forward to your help in promoting mentoring in Sonoma County!

Multicultural Fellowship Program

The San Francisco Foundation is now recruiting for the 2010-2012 Multicultural Fellowship Program. As an important member of our community, you are critical in our process to identify strong candidates.

Our Multicultural Fellowship Program is a two-year full-time program that aims to increase diversity in the philanthropic and nonprofit sectors. Successful candidates are young professionals of color with the promise and passion to create significant social change. The Fellowship provides challenging work and professional development experiences, on-the-job training, and opportunities to enhance skills in grantmaking, convening, project management, and a variety of other areas. Fellows are an integral component of the Foundation's grantmaking Program staff. Additionally, Fellows benefit from networking, mentoring, trainings, seminars, professional conferences, and interactions with a wide array of nonprofit, community, and philanthropic leaders.

This year, the Fellowship Program is seeking one Fellow in each of the following three program areas: **Arts and Culture, Education, and Environment**. Applications are due on **Monday, March 22, 2010**, and the Fellowship positions will commence July 1, 2010.

Special Information Sessions

The San Francisco Foundation is holding two Fellowship information sessions at our office, at 225 Bush Street, Suite 500, San Francisco, CA 94104.

Thursday, March 4, 2010
3:00 p.m. – 4:30 p.m.

Monday, March 8, 2010
10:30 a.m. – 12:00 noon

The information sessions are an opportunity to meet our current Fellows, Program Officers, the Fellowship Coordinator, and other staff, while acquiring additional information about the Fellowship Program. No RSVP required.

Questions

If you have questions regarding the Fellowship Program or the recruitment process, please contact Jamillah Washington-Weaver at 415.733.8557 or fellowship@sff.org. See attached information sheet for details.

Job Posting: AODS Intake Interviewer

To: Latino Service Providers

AODS Intake Interviewer Extra-Help (Bilingual and Regular)

Salary: Starts at \$18.51/hourly

Filing deadline: Accepting applications on continuous basis until vacancy filled.

The Sonoma County Department of Health Services is seeking to establish a pool of extra-help, bilingual and regular candidates for the Outpatient, Case Management, and DUI Programs. Our bilingual vacancies require candidates possess a basic level of Spanish (conversational level). These on-call positions require the availability to work all hours, days, and shifts.

AODS Intake Interviewers perform duties such as: interview clients during the initial intake session, assist in identifying barriers or goals, schedule clients for identified services and/or refers to other service providers, maintains ongoing contacts with assigned client, and performs related duties as required.

Requirements for this position are either, 1 or 2, with positions in the DUI Program having additional requirement:

1. Twelve (12) college units in AODS studies, psychology, counseling, social work, or a closely related field AND one year of program or administrative support (preferably in an AODS program).
2. Twenty-four (24) college units, including twelve (12) units in the areas listed above, can be substituted for the one year of required experience.

Additional requirement for DUI Programs, per Title 9 of California Code of Regulations:

Candidate should meet the above requirements, plus needs two years experience teaching or providing AODS education and information to persons with alcohol and/or other drug problems in a classroom setting.

To apply for these vacancies, please visit www.yourpath2sonomacounty.org or contact Sonoma County HR at 707-565-2331.

Sylvia Lemus, HR Technician
County of Sonoma, Human Resources Dept.
575 Administration Dr., Ste. 116-B, Santa Rosa, CA 95403
Office: (707) 565-2331 Fax: (707) 565-3770
www.yourpath2sonomacounty.org

Santa Rosa Museum's 25th Anniversary

You are invited to join us in celebration of the Museum's 25th Anniversary and the 100th Anniversary of Santa Rosa's Historic Post Office Building.

Sunday, April 25, 2010, 5-9:30pm
At John Ash's Vintners Inn in Santa Rosa

Museum benefit featuring guest speaker, Gaye LeBaron, live music, fine food & auction.

Doors and auction open at 5pm.
Tickets are \$150 each, or purchase a table of 8 for \$1,100.
Seating is extremely limited.
Please reserve your seats promptly.

Purchase Tickets by calling 707-579-1500 x 13 or online at
www.sonomacountymuseum.org

Sonoma County Museum
425 Seventh Str., Santa Rosa, CA 95401
sonomacountymuseum.org

Children: Asthma: and Smoking Study

New intervention helps Latino parents of asthmatic children quit smoking

Asthma is the most common chronic illness affecting Latino children in the United States, and secondhand smoke is a serious contributing factor. Now a new study from The Miriam Hospital's Centers for Behavioral and Preventive Medicine and Brown University suggests that clinically-based smoking cessation programs may not be enough to help Latino smokers with asthmatic children kick the habit.

"Caregivers who continue to smoke despite their child's asthma need an intervention that not only provides feedback about the harmful effects of cigarette smoke on themselves and their child, but also factors in their cultural values and readiness to quit," said the study's lead author, Belinda Borrelli, PhD, of The Miriam Hospital's Centers for Behavioral and Preventive Medicine

"Theory-based treatments that have been effective in other areas of behavior change can be successfully applied to smoking cessation interventions," said Borrelli. "In addition, the integration of smoking cessation into well-accepted interventions like asthma education can help us proactively reach smokers who might not spontaneously seek help to quit smoking or who do not have ready access to primary care or preventive health services."

See attached for complete article.



Cesar Chávez Health Fair

Saturday, March 20, 2010

Roseland Elementary, Santa Rosa, CA.

Health Fair Participant Information

Thank you for your interest in participating in the 2010 Cesar Chávez Health Fair! We are excited for the 10th year of this fantastic event. Please read through the following information, as there have been a few changes from past year's events.

Application Deadline is February 28, 2010. Applications and payment (check or Purchase Order) must be received by the deadline to keep a spot in the Fair. Late applications will be accepted through March 11, but an additional fee of \$25 will be added.

Thursday, March 11, 2-3pm - Health Fair Meeting
CalSERVES Offices, 5789 State Farm Dr. # 230 Rohnert Park, CA. 94928
At this meeting, participants will receive current information and details about the fair.

Friday, March 19 from 4-6pm - Equipment Drop off
Roseland Multi-purpose Room

Saturday, March 20 Cesar Chávez Health Fair
950 Sebastopol Road, Santa Rosa CA. 95407
8-9:30am- Fair Set up, 10am-2pm - Fair is open, 2-3pm - Breakdown of Fair

Parking lots at the Roseland Elementary School will be closed to traffic. There will be a drop-off zone (by the multi-purpose room), but you will need to park across the street, near the Dollar Tree. The limited parking space will be reserved for Sponsors and VIP guests.

Commitment to Health - We request that you support our commitment to a healthy fair by not giving out candy, soda, or other sugary products. Fresh fruits and veggies, non-edibles, and other healthy options are welcome! If you have candy or sweets, we will ask you to not hand it out. Thanks for helping!

Participant Registration - Each organization that participates in the Fair is required to complete an application (see attached). Each organization will be provided with one 8' table, 2 chairs, and space for a 10'x10' canopy. Please note that we will not be providing tenting for this year's fair. You will be able to use your own canopy, or you can rent one from us for \$35. Canopies are a good idea as this time of year, the weather can be unpredictable. Additional tables are also available for \$25.

Participant Registration Fees - The Participation fee is \$50. Checks should be made payable to **CalSERVES - NCOE**. Please include the name of the participating organization on the check so it can be properly accounted. The \$50 fee includes a) one 8' Table, b) 2 chairs, c) 10'x10' space for a canopy. If you have questions about your Registration fee, please contact Kristen Mowers, kristen.mowers@calserves.org, or 707-217-9461.



Cesar Chávez Health Fair

Saturday, March 20, 2010

Roseland Elementary, Santa Rosa, CA.

Health Fair Participant Application

Application and Payment are due February 28, 2010

Late applications are excepted through March 11, but a \$25 fee will be added

Please provide the following information:

Name of Organization (as you would like it to appear on the program)

English _____

Spanish _____

Primary Contact for the Fair _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-mail _____

Secondary Contact for the Fair _____

Phone _____ Email _____

We will have _____ people participating in the fair on March 20th and would like _____ lunches.

The Cesar Chavez Health Fair would like to accomodate your needs. Please let us know what you need.

Additional 8' Table (\$25 each) _____

Translators (priority given to those providing health services)

10'x10' Canopy (\$35 each) _____

Access to Outlets (please specify what it will be used for)

Additional Chairs (how many?) _____

Other (please be specific)

_____	+	_____	+	_____	+	_____	_____
Registration Fee		Canopy Rental		Additional Table(s)		Late Fee	Total
		\$35 each		\$25 each		Applies after 2/28	

Participation deadline is February 28, 2010

Please return this form and payment to Kristen Mowers

email: kristen.mowers@calserves.org **fax:** 707.586.2735 **mail:** 5789 State Farm Dr. #230 Rohnert Park CA, 94928



Cesar Chávez Health Fair

Feria de Salud "Cesar Chávez"

Saturday, March 20, 2010

Sábado 20 de marzo de 2010

10am-2pm

Roseland Elementary School

Escuela Primaria Roseland

950 Sebastopol Road Santa Rosa, CA.

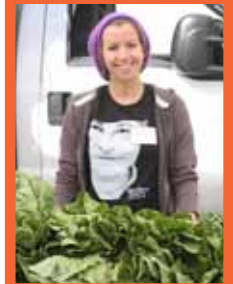
¡Una Celebración de Salud GRATUITA!

Exámenes de vista y oídos ♦ Chequeos dentales ♦
 Profesionales de la salud disponibles para responder sus
 preguntas ♦ Pista para bicicletas ♦ Juegos para niños y
 niñas ♦ Música ♦ Baile de música salsa ♦ Cortes de pelo ♦
 Maecado sobre huedas ♦ Almuerzos saludables gratuitos
 ♦ ¡y mucho más!



A FREE Celebration of Health!

Vision and Hearing Screenings ♦ Dental Check Ups ♦
 Health Questions Answered by Professionals ♦ Bike Rodeo
 ♦ Fun and Games for Children ♦ Music ♦ Salsa Dancing
 ♦ Hair Cuts ♦ Farmer's Market ♦ Free Healthy Lunch
 ♦ And much, much more!



Contact: Jessica Collins Grimes

jgrimes2@lifespan.org

401-793-7484

[Lifespan](#)

New intervention helps Latino parents of asthmatic children quit smoking

PROVIDENCE, RI – Asthma is the most common chronic illness affecting Latino children in the United States, and secondhand smoke is a serious contributing factor. Now a new study from The Miriam Hospital's Centers for Behavioral and Preventive Medicine and Brown University suggests that clinically-based smoking cessation programs may not be enough to help Latino smokers with asthmatic children kick the habit.

In the study, Latino parents with an asthmatic child were more likely to quit smoking when they received a culturally-tailored intervention that provides feedback about how much secondhand smoke their children were exposed to, compared to parents who followed existing smoking cessation clinical guidelines. Researchers say these findings reinforce the importance of educating parents about how their own smoking can affect their children with asthma.

The study appears in the February issue of the *Journal of Consulting and Clinical Psychology* in a special edition focused on smoking cessation in underserved populations and innovative treatments. It is the first study to target smoking cessation in Latino caregivers of asthmatic children.

"Caregivers who continue to smoke despite their child's asthma need an intervention that not only provides feedback about the harmful effects of cigarette smoke on themselves and their child, but also factors in their cultural values and readiness to quit," said the study's lead author, Belinda Borrelli, PhD, of The Miriam Hospital's Centers for Behavioral and Preventive Medicine. "Our findings suggest that standard smoking cessation clinical guidelines alone may only have limited success with this population."

Borrelli, who is also a professor of psychiatry/human behavior at The Warren Alpert Medical School of Brown University, adds that they targeted Latinos specifically for the study, given that 16.5 percent of Latinos smoke yet few smoking cessation programs have been developed specifically for the country's largest minority group. Meanwhile, asthma – which is exacerbated by secondhand smoke – is much higher among Latinos than other racial or ethnic groups.

Overall, asthma has now become the most common pediatric chronic illness in the United States, affecting an estimated 4.8 million children. More than half of American children under the age of 5 live in homes with at least one adult smoker, placing them at greater

risk for a variety of illnesses, including asthma. Research has shown that these children take more asthma medications and use emergency services more frequently than asthmatic children who are not exposed to secondhand smoke.

Investigators identified 133 Latino smokers who were caregivers of a child with asthma. These caregivers were randomly assigned to receive one of the two smoking cessation interventions delivered in the home by a bilingual Latina health educator: a behavioral action model (BAM) and a precaution adoption model (PAM).

The BAM followed clinical guidelines that focus on problem-solving and building coping skills to help smokers who are ready to quit. Meanwhile, the PAM was intended to help parents better connect their smoking to their child's health by providing physiological feedback about cigarette smoke exposure. It was also designed to be consistent with the values of Latino culture, including the importance of family, communication and intimate relationships.

In addition to measuring carbon monoxide levels of parents in the PAM group, the research team also assessed children's secondhand smoke exposure by placing two nicotine monitors in the home for one week. They then mathematically converted these smoke levels into "cigarette equivalents," telling parents, "Your child was exposed to as much smoke as if she/he smoked "x" number of cigarettes him/herself the week that the sampler was placed."

Overall, secondhand smoke levels in the homes of both groups were measured at the beginning of the study and after three months, and parents' smoking status was assessed at the end of the study as well as at two-months and three-months post-study. According to investigators, approximately 28 percent of participants in the PAM intervention had quit smoking three months after treatment, compared to about 18 percent of those receiving the BAM intervention. Significant decreases in asthma-related illness were only observed in the children of participants in the PAM intervention.

"Theory-based treatments that have been effective in other areas of behavior change can be successfully applied to smoking cessation interventions," said Borrelli. "In addition, the integration of smoking cessation into well-accepted interventions like asthma education can help us proactively reach smokers who might not spontaneously seek help to quit smoking or who do not have ready access to primary care or preventive health services."

Overall, the study group was mostly female and included a range of Latino ethnicities, including Puerto Rican, Dominican, Central American, South American, Mexican and Cuban. More than half of the children of participants had been to the emergency department in the previous year and/or had been hospitalized for asthma. Although parents did not have to want to quit smoking in order to participate in the study, they all received a quit smoking self-help manual and an optional eight weeks of nicotine replacement therapy, along with the home visits and phone calls from the health educator.

Defining special populations of smokers

Borrelli, who served as editor of this special issue of the journal, also authored a lead introductory article about next steps for special populations research and innovative treatments for smoking cessation. In it, she offers the first definition of "special populations" of smokers, classified as those who have at least a 10 percent higher smoking prevalence than the general population, have disproportionate tobacco-related health disparities, lack access to effective treatments, and are understudied in terms of longitudinal treatment trials. In addition to racial and ethnic minorities, this includes young adults with cancer, people with psychiatric disorders, and homeless individuals.

The article breaks new ground by providing eight criteria to determine whether evidence-based cultural adaptations are justified for smoking cessation treatment. For example, if the target population differs from the general public in terms of rates and patterns of smoking, burden of tobacco-related diseases, predictors of smoking behavior, or treatment engagement, then it may be necessary to tailor the intervention for that particular group. Borrelli also outlines the four phases of cultural adaptation – data collection, treatment modification, pilot test and outcomes – in order to standardize the process.

###

The current study was supported by the Robert Wood Johnson Foundation (RWJF). Co-authors included Elizabeth L. McQuaid, PhD, and Bruce Becker, MD, both of Rhode Island Hospital and Alpert Medical School; Scott P. Novak, PhD, of RTI International; and S. Katharine Hammond, PhD, of the University of California at Berkeley.

The Miriam Hospital, established in 1926 in Providence, RI, is a private, not-for-profit hospital affiliated with The Warren Alpert Medical School of Brown University and a founding member of the Lifespan health system. For more information about The Miriam Hospital, please visit www.miriamhospital.org



ENTRENAMIENTO GRATIS DE RCP

13 de Marzo 2010

www.RedCrossCPRSaturday.org

Regístrese hoy para aprender técnicas de como estar mejor preparado usted y su familia en caso de una Emergencia.



Los participantes aprenderán:

- RCP para Adulto y Niño.*
- Que hacer en caso de atragantamiento
- El funcionamiento de el servicio 911
- Información de cómo estar seguro en caso de un desastre

Habrá 10 lugares disponibles para este curso

Es un requisito registrarse

Clases disponibles en Inglés y Cantones

*El CPR de Niño se ofrece solamente durante la ultima clase y en las localidades señaladas. Vea el horario para los detalles.

El curso en español se dará en:

Memorial Veteran's Building

282 S. High St.

Sebastopol, CA

(707) 577-7615

Clases se llavaran acabo a las 8 a.m. y 12 p.m.

Patrocinado por:

KAISER PERMANENTE. viva bien

ROSS
DRESS FOR LESS

ORACLE



PACIFIC SERVICE
CREDIT UNION

BANK OF THE WEST



Medtronic
FOUNDATION

In-Kind Donations by:





FREE CPR TRAINING

March 13, 2010

www.RedCrossCPRSaturday.org

Register today for CPR Saturday from the American Red Cross and learn lifesaving skills that will better prepare you and your family for emergencies.



Participants will learn:

- Adult and Child* CPR
- Care for choking victims
- 911 emergency services
- Information on how to stay safe during emergencies

10 Bay Area locations

Pre-registration is required

Spanish and Cantonese at some locations

*Child CPR is only offered during the last scheduled class at designated locations. See schedule for details.

Location Nearest You

Memorial Veteran's Building

282 S. High St.

Sebastopol, CA

(707) 577-7624

Every hour on the hour 8 a.m. - 2 p.m.

Sponsored by:

KAISER PERMANENTE® **thrive**

ROSS
DRESS FOR LESS

ORACLE®

PACIFIC SERVICE
CREDIT UNION

BANK OF THE WEST

Medtronic
FOUNDATION

In-Kind Donations by:

GAP



Become a

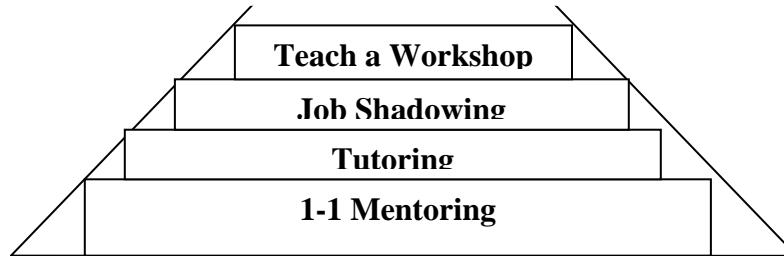
Mentor

Become a **Friend**

You can make a **DIFFERENCE** in the life of a **Youth** within your community

Youth between ages 14-21 are facing many challenges today and will benefit from your support as a positive role model!

In as little as **ONE HOUR** you can change a **Life!**



Workshops

Would you like to present a workshop that deals with the challenges teens are facing during these hard times? Topics can include, but are not limited to:

Career Goals • Resume Building • Health and Wellness • Substance Abuse

Workshops can be one time meetings for at least **ONE hour** or they can be consecutive meetings; whatever works best for your schedule.

Job Shadowing

*Have the youth shadow you in your workplace, giving them work experience in new careers. This can be in as little as **ONE day a month** or a few hours a month.*

Tutoring

Help tutor youth in basic Math, English, and Science. You don't need to be an expert... just eager to help! Meet with your Mentee **ONE hour a week**, for at least one semester!

One-on-One Mentoring

*In as little as **ONE hour a week**, for at least one year you can make a difference in the life of a teen. Spend time together in a variety of different activities from playing sports to visiting the mall. Activities are based on similar interests and hobbies you and your mentee share.*

Please contact:Liliana Ponce * Youth Mentor Coordinator/ Sonoma Counselor *
Big Brothers Big Sisters of the North Bay * 1410 Guerneville Rd. Ste. 6 * Santa Rosa, CA 95403
(707) 571-2227 *221

Lponce@bbbsnorthbay.org

Funded by Sonoma County Workforce Investment Board's Youth Council, Morgan Family Foundation and Sonoma County Office of Education

Brent and Jeremy's Story

"Friend's for a Lifetime"



Dear Big Brothers Big Sisters,

When I became Jeremy's mentor in 1983 and learned of his NFL ambitions I took him straight to Boyle Park in Mill Valley and threw him a long pass. He hung onto it even though it knocked him flat on his back. Several years later when he turned 18 we returned to the same park with that same football. By then he'd been quarterbacking for St. Ignatius high school in the city and his passes nearly knocked me over. Last October my 60th birthday was celebrated in Boyle Park. Jeremy, now the same age I was when I became his mentor, showed up with his beautiful wife and their two young children. As they were leaving I instructed him to go deep. This time he caught the ball without falling over. Little did I know a quarter of a century ago that he'd still prove to be my best wide receiver!

Thank you for giving me the opportunity to be not only a mentor but to make a friend for a lifetime.

Maria and Justine's Story

A story about patience and love!



Maria was matched with a shy and somewhat fearful girl, who was struggling in school and enduring painful family conflict. In March of 2005 Maria met her 13 year old mentee Justine. Maria immediately took Justine under her wing and displayed genuine concern for her health, happiness, well-being and future. Maria and her husband John, who have no children of their own, care for her as if she was their daughter.

Throughout the past 4 years, Maria has gone above and beyond her responsibilities as a mentor. They have gone on outings at least once and sometimes 2-3 times a week Maria has consistently provided a listening ear, continual support, empathy and understanding. She has provided quality help and support with her schoolwork. Justine has greatly improved in her schooling and now Maria and her husband are teaching Justine to speak Italian. She has exposed her to new places, people and activities that she never could have imagined existed. She has displayed great patience, tolerance, responsibility, consistency and strength throughout the match. She has become so close and bonded to Justine that she can't imagine life without her, and will always hang in there during the difficult times.

Please contact: Liliana Ponce * Youth Mentor Coordinator/ Sonoma Counselor *
Big Brothers Big Sisters of the North Bay * 1410 Guerneville Rd. Ste. 6 * Santa Rosa, CA 95403
(707) 571-2227 *221

Lponce@bbbsnorthbay.org

Funded by Sonoma County Workforce Investment Board's Youth Council, Morgan Family Foundation and Sonoma County Office of Education



Sea un **Mentor**
Sea un **Amigo**

Puede hacer la **diferencia** en la vida de un **joven** en su comunidad

Jóvenes entre 14-21 años encuentran muchos retos. ¡Puede ayudarlos—siendo un modelo positivo en sus vidas!



Talleres

¿Quiere presentar un taller sobre algo que ayude a los jóvenes con las dificultades que ellos encuentran en estos días? Temas pueden incluir pero no están limitados a:

- Metas Profesionales • Resume • Salud y Bienestar • Abuso de Sustancias**

Talleres pueden ser por lo menos **UNA hora** o pueden ser citas consecutivas, lo que se ajuste mejor a su horario.

Ayuda Profesional

*Ayude a un joven a explorar su carrera—invítelo a pasar tiempo con usted en su lugar de trabajo. Puede ser **UN DIA al mes** o algunas horas cada mes.*

Ayuda con las Tareas Escolares

Puede ayudar con Matemáticas, Ingles y Ciencias. NO tiene que ser un experto... ¡solamente tener interés en ayudar! Reunase **UNA HORA cada semana**, por lo menos un semestre.

Mentor Uno-a-Uno

*Tan poco como es **UNA HORA cada semana**, por lo menos un año, usted puede hacer la diferencia en la vida de un joven. Haciendo actividades juntos, como jugando deportes o visitando al centro comercial. Las actividades están basadas en intereses compartidos entre usted y su estudiante.*

Por favor comuníquese con: **Liliana Ponce** • Coordinador para el condado de Sonoma
Big Brothers Big Sisters of the North Bay • 1410 Guerneville Road, Suite 6 • Santa Rosa, CA 95403
(707) 571-2227 x.221

Lponce@bbbsnorthbay.org

Fundado por: Sonoma County Workforce Investment Board's Youth Council, Morgan Family Foundation y Sonoma County Office of Education

La Historia de Brent y Jeremy *“Amigos para toda la Vida”*



Queridos Big Brothers Big Sisters,

Cuando yo empecé a ser el mentor de Jeremy en 1983 y me entere de la ambición que él tenía para el NFL, yo lo lleve al parque Boyle en Mill Valley y le tiré un pase largo. Él la cacho a pesar de que le cayó en la espalda. Algunos años después, cuando Jeremy cumplió 18 años, regresamos al mismo parque con el mismo balón.

Pero ahora, él estaba de mariscal en la secundaria St. Ignatius, y sus pasos casi me hacían caer. El Octubre pasado yo cumplí 60 años en el parque Boyle. Jeremy, ahora de la misma edad que yo tenía cuando lo conocí, llegó con su bella esposa y dos hijos. Cuando se estaban retirando, le dije que le iba a lanzar la pelota y que se fuera más lejos. Esta vez, atrapó el balón sin caer. No sabía que en un cuarto de siglo él siempre sería mi mejor receptor.

Muchas gracias por darme la oportunidad de ser no solamente un mentor pero por haber hecho un amigo para toda la vida.

La Historia de Maria y Justine *¡Una historia del amor y paciencia!*



Se juntaron Maria con una chica tímida y un poco temerosa, que tenía dificultades en la escuela y circunstancias familiares muy dolorosas. En Marzo de 2005, Maria conoció a su estudiante Justine. Inmediatamente, Maria la tomó bajo su ala y demostraba su preocupación sobre la salud, felicidad, bienestar y el futuro de Justine. Maria, con su esposo

Juan, que no tenían hijos, cuidaron de Justine como si fuera su hija.

Durante los cuatros años pasados, Maria le ha ayudado a Justine más de lo requerido como un mentor. Salen al menos una vez cada semana y en muchas ocasiones, dos o tres veces. Maria siempre escucha, apoya, le brinda comprensión y la ayuda con su tarea a Justine. Justine ha avanzado mucho en sus estudios, por la ayuda de Maria, y ahora, Maria y su esposo están enseñando a Justine el italiano. Maria le ha enseñado muchos lugares, gente y actividades que antes Justine no podía imaginar que existieran. Maria expresó gran paciencia, tolerancia, responsabilidad, y consistencia. La amistad entre ellas es tan poderosa que ninguna puede imaginar su vida sin la otra. Además, las dos siempre serán ahí para los tiempos difíciles.

Por favor comuníquese con: Liliana Ponce · Coordinador para el condado de Sonoma
Big Brothers Big Sisters of the North Bay · 1410 Guerneville Road, Suite 6 · Santa Rosa, CA 95403
(707) 571-2227 x.221

Lponce@bbbsnorthbay.org

Fundado por: Sonoma County Workforce Investment Board's Youth Council, Morgan Family Foundation y Sonoma County Office of Education

The San Francisco Foundation Multicultural Fellowship Program

Dear Colleague,

The San Francisco Foundation is now recruiting for the 2010-2012 Multicultural Fellowship Program. As an important member of our community, you are critical in our process to identify strong candidates.

Our Multicultural Fellowship Program is a two-year full-time program that aims to increase diversity in the philanthropic and nonprofit sectors. Successful candidates are young professionals of color with the promise and passion to create significant social change. The Fellowship provides challenging work and professional development experiences, on-the-job training, and opportunities to enhance skills in grantmaking, convening, project management, and a variety of other areas. Fellows are an integral component of the Foundation's grantmaking Program staff. Additionally, Fellows benefit from networking, mentoring, trainings, seminars, professional conferences, and interactions with a wide array of nonprofit, community, and philanthropic leaders.

This year, the Fellowship Program is seeking one Fellow in each of the following three program areas: **Arts and Culture, Education, and Environment**. Applications are due on **Monday, March 22, 2010**, and the Fellowship positions will commence July 1, 2010.

Below is detailed information about the Fellowship application process and information sessions, also available at www.sff.org/multicultural-fellowship. We invite you to forward this announcement to those you think may be interested in applying.

Thank you for your help as we work to cultivate the next generation of community leaders to reflect the diversity of our region.

Sincerely,

James W. Head
Director of Programs

Arlene Rodriguez
Program Officer, Environment

Multicultural Fellowship Program Applications due March 22nd

Background

The San Francisco Foundation has five Program areas, and the staff in each Program area have specific experience in that particular subject and with a variety of organizations in that field. As a group, the Program staff bring rich perspectives to the Foundation, including grantmaking, comprehensive community initiatives, neighborhood projects, technical assistance in organizational development, and public policy work on county, regional, statewide, and national levels.

Qualifications

- Self-directed, team-oriented, and leadership qualities.
- Demonstrated interest in fundraising, donor development, and nonprofit or public service.
- Volunteer and/or work experience in a specific Program area as specified below.
- Eagerness to learn about the philanthropic sector.
- Ability to interact effectively with diverse audiences from varying socio-economic backgrounds.
- Strong oral and written communication skills and analytical skills.

- Ease in producing high quality work in a high-production, multiple-project environment.
- Strong computer/software skills, including Windows and Microsoft Word and Excel.
- Familiarity with Raiser's Edge a plus.
- A Master's degree in a relevant area or equivalent research and analysis experience preferred.
- A minimum of five years of related work experience is required in addition to the specific requirements for each of the program areas noted here.

Arts and Culture Program Fellow Qualifications: Deep knowledge of visual, performing, media, and/or literary arts. A background in the arts and nonprofit experience is important. An understanding of the issues facing arts organizations and individual artists is essential.

Education Program Fellow Qualifications: Knowledge of child and youth development issues with an understanding of schools, childcare, or youth-serving programs required. Knowledge of school reform issues is desirable. Background in organizational development, policy analysis, or evaluation is especially welcome.

Environment Fellow Qualifications: Education and experience in the area of environmental advocacy, environmentally sustainable economies, environmental health and justice, land-use, smart growth, and policy work. A background in Bay Area environmental justice issues and environmental sustainability is desired. Knowledge of climate change policies and programs will be helpful.

Compensation

\$46,000-\$50,000 annually

Application Deadline

Monday, March 22, 2010. Emailed applications must be received by 5:30 p.m. Mailed applications must be postmarked by the deadline date.

How to apply

Applicants must submit the following three items:

1. Cover letter
2. Résumé
3. Responses to the Fellowship Application questions. Download the questions at www.sff.org/multicultural-fellowship.

You may email your application to fellowship@sff.org OR mail it to:

Multicultural Fellowship Program
The San Francisco Foundation
225 Bush Street, Suite 500
San Francisco, CA 94104

Please submit your application only via one method; do not email *and* mail your application. Every application received will be acknowledged within two business days. Please note, all three application items must be received by the deadline to be considered for an interview. Applicants selected for an interview will be contacted by April 15, 2010.

Special Information Sessions

The San Francisco Foundation is holding two Fellowship information sessions at our office, at 225 Bush Street, Suite 500, San Francisco, CA 94104.

Thursday, March 4, 2010
3:00 p.m. – 4:30 p.m.

Monday, March 8, 2010
10:30 a.m. – 12:00 noon

The information sessions are an opportunity to meet our current Fellows, Program Officers, the Fellowship Coordinator, and other staff, while acquiring additional information about the Fellowship Program. No RSVP required.

Questions

If you have questions regarding the Fellowship Program or the recruitment process, please contact Jamillah Washington-Weaver at 415.733.8557 or fellowship@sff.org.